This Directory is compiled from information submitted by members of the Massachusetts Mental Health Counselors Association. The Directory is intended for use by mental health professionals, and professionals from related fields, as a resource. The Massachusetts Mental Health Counselors Association does not warrant, express or implied, the accuracy or completeness of the information nor endorse the quality of services provided by any particular listed member. The Massachusetts Mental Health Counselors Association shall not be held liable for anyone who relies on directory information. The Massachusetts Mental Health Counselors Association does advise all those utilizing this or any other directory with the intent of engaging a therapist, to first inquire and verify such items as licensure, qualifications, and professional affiliations.

Licensure status can be verified at:
www.state.ma.us/reg/boards/mh/default.htm
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Using The MaMHCA Referral Network Directory

The MaMHCA Referral Network Directory is designed to help you locate a Licensed Mental Health Counselor based on your individual counseling needs. The initial section of the MaMHCA Referral Network Directory provides an alphabetical listing by geographic region that profiles individual members of the MaMHCA Referral Network who provide services in individual or group private practice settings. Cross indexes for Approved Supervisors (meets requirements for Approved Supervisor in the LMHC Licensed Regulations {CMR-262}), MaMHCA Certified Supervisors (also meet requirements as Approved Supervisors plus have completed MaMHCA’s 30-credit Supervision Training Program) and Bilingual Services are also included.

About Licensed Mental Health Counselors

Licensed Mental Health Counselors (LMHCs) are highly qualified, Master’s level, 3rd party reimbursable, cost-effective, public service oriented mental health practitioners. There are now over 4500 LMHCs in Massachusetts, working in private practice settings, and agencies, clinics, schools and hospitals, providing quality mental health services for consumers in the Commonwealth.

Licensed Mental Health Counselors are prepared to assist clients who are coping with a wide variety of problems and concerns. Licensed Mental Health Counselors specialize in many areas such as the emotional problems of anxiety and phobias, depression, child and spouse abuse, family conflict, eating disorders, sexual dysfunctions, drug and alcohol abuse, crisis intervention, job and career issues, personal growth, bereavement, and crime victimization.
Mental Health Counselors have been licensed as independent practitioners in Massachusetts since 1987. They are regulated by the Division of Professional Licensure, Board of Allied Health and Human Service Professions. LMHCs have rigorous clinical training which includes clearly specified, comprehensive, educational and field-training requirements:

- A Masters degree in counseling or related field
- 60 credit hours in total
- 700 hours of pre-masters supervised clinical practicum and internship training
- 3360 hours of post-masters, supervised, clinical work experience prior to licensure
- A passing score on the National Clinical Mental Health Counselors Examination (NCMHCE)
- Training supervisors of LMHCs must have five years post-masters clinical experience

Importantly, LMHCs must continue their education and training to renew their license. They must obtain 30 hours of continuing education credits every two years. Additionally, to ensure the highest quality of care and protection for mental health services consumers, there are National Standards of Professional Practice and Ethical Standards to which LMHCs must conform.

**About MaMHCA**

The Massachusetts Mental Health Counselors Association (MaMHCA) has been chartered since 1981 as a professional association representing the interests of the Mental Health Counseling profession and the mental health field. Among MaMHCA’s express purposes are ensuring the provision of the highest quality mental health services, generating legislation and advocacy aimed at better health and mental health care, and maintaining the high standards of the profession. MaMHCA’s services to consumers include The MaMHCA Referral Network Directory, “Mental Health Brights” - educational pamphlets for the consumer on mental health topics, and legislation aimed at increased client protection, and increased services for clients.
Membership in MaMHCA is open to professional mental health counselors (Licensed Mental Health Counselors and counselors in the licensure process), counselor educators, and mental health counseling students and interns. MaMHCA is a state chapter of the American Mental Health Counselors Association (AMHCA).

About the Counseling Process

One of the missions of the Massachusetts Mental Health Counselors Association is to promote education about mental health counseling and mental health issues for the public. MaMHCA supports activities that inform and educate consumers about the counseling process. The following series of questions reflect some of the issues that consumers should consider in choosing a Licensed Mental Health Counselor, or any mental health practitioner, and in evaluating the counseling process.

Referral Resources:
Do you have reliable referral resources who are competent professionals? Do you trust their judgment in psychotherapeutic areas? Are they experienced in the referral process? Do they abide by National Professional Practice Standards and National Ethical Standards? Do they refer to licensed professionals and belong to one or more professional associations. Does the counselor you are considering have a good network of referral resources for their clients’ potential needs.

Boundaries and the Therapy Relationship
Is the therapy relationship with this counselor the only relationship you have with him/her. Boundaries in a therapy relationship should be clear, safe and respectful. There is a potential problem of a boundary violation in a “dual relationship” with someone who is also your teacher, minister, spouse of a friend or co-worker, or parent of your child’s friend.
Business Practices:
Does the counselor return your call promptly? Can you get an appointment within a week, or sooner in an emergency? Is their office space professional and private? Is there a clear and reasonable policy in regard to fee and insurance coverage? Are you informed of emergency coverage and coverage during the counselor’s absences?

Privacy:
Does your counselor explain confidentiality and its limitations to you? Are you informed that counselors have to receive your written consent for any communication (written or oral) between your counselor and another professional?

Respect:
Does your counselor respect your time: do sessions begin and end on time? Have you developed mutually agreed upon short and longer term goals for your therapy? Is the focus of your sessions on your issues, without inappropriate detours into the counselor’s interests or life events? Does the counselor respect your physical and emotional boundaries, refraining from suggestive or inappropriate physical and/or verbal behavior? Does your therapist address your concerns, symptoms, and behavior in a manner that is respectful and helpful? Does your counselor respect your questions and explain his/her theoretical approach and concepts?

Safety:
A good, working counseling relationship takes time for trust to develop and for change to occur. If, however, you feel a number of the above questions are answered in the negative, or you feel unsafe, disrespected or exploited in any way, you have some alternatives. You can question your counselor, ask for a consultation, seek a second opinion on your own, and/or leave the therapy. In addition, the Division of Registration in Massachusetts has a complaint process you may employ if you feel you have been subjected to unethical practices.

Material in this section has been adapted from the series, Mental Health Brights, American Mental Health Counselors Association, Alexandria, VA
MaMHCA

MaMHCA Referral Network Directory
5th Edition
A Guide to Licensed Mental Health Counselors in Massachusetts

Alphabetical Listing of Licensed Mental Health Counselors by Geographic Region
BOSTON AREA

Carol Barnes, M.A., LMHC
Office Address: 1415 Beacon Street, Suite 303, Brookline, MA 02446
Phone: 617-278-9999
E-Mail: cbarnes4@verizon.net
Web Site: www.psychologytoday.com
Populations: Adults
Specialties: Addictive Behavior, Depressive Disorders, Grief & Loss, Sexual Orientation, Personality Disorders
Theoretical Orientation and Approach: Behavioral, Developmental, Psychodynamic
Treatment Modalities: EMDR

Janice Biggs, M.A., LMHC
Address: 40 Warren Street, Charlestown, MA 02129
Phone: 617-682-0823
E-Mail: janice.lmhc@gmail.com
Populations: Adults
Specialties: Career Counseling, Depressive Disorders, Grief & Loss, Alcohol/Substance Abuse, Dual Diagnosis/Substance
Theoretical Orientation and Approach: Behavioral, Client Centered, Cognitive
Treatment Modalities: Biofeedback, CBT, Stress Management
Qualified Supervision: Yes

Lucy Borodkin, M.Ed., LMHC
Address: 175 Elm Street, Davis Square, Somerville, MA 02144
Phone: 617-776-5559
Populations: Adults
Specialties: Depressive Disorders, Grief & Loss, ADHD, Chronic Pain, Divorce/Separation
Theoretical Orientation and Approach: Cognitive, Feminist, Psychodynamic
Treatment Modalities: Stress Management
Karen Enegess, M.A., LMHC
Address: 1093 Beacon Street, Brookline, MA 02446
Phone: 617-293-8466
E-Mail: karen@karenenegess.com
Web Site: www.karenenegess.com
Populations: Adolescents, Adults, Couples
Specialties: Codependency, Depressive Disorders, Grief & Loss, Alcohol/Substance Abuse, PTSD
Theoretical Orientation and Approach: Client Centered, Eclectic, Holistic
Treatment Modalities: Expressive Techniques, CISD, Stress Management, EMDR
Bilingual: Spanish
Qualified Supervision: Yes
MaMHCA Certified Supervisor: Yes

Rhona Engelman, LMHC
Address: 57 Central Street, Somerville, MA 02143
Phone: 617-922-5156
E-Mail: rhonaeangelman@gmail.com
MaMHCA Certified Supervisor: Yes

Barbara Ferullo, M.Ed., LMHC
Address: 294 Washington Street, Suite 336, Boston, MA 02108
Phone: 617-499-1950
Populations: Adults, Seniors
Specialties: Codependency, Depressive Disorders, Dissociative Disorders, Divorce/Separation, PTSD
Theoretical Orientation and Approach: Body Oriented, Eclectic, Psychodynamic
Treatment Modalities: Stress Management
Qualified Supervision: Yes
MaMHCA Certified Supervisor: Yes
Giovanna Franchi, M.A., LMHC  
Address: 48 Melrose Street, Boston, MA 02116  
Phone: 617-482-3200  
E-Mail: giovannafranchi@gmail.com  
MaMHCA Certified Supervisor: Yes

David Friedler, M.S., LMHC  
Address: 131 Harvard Street, Brookline, MA 02446  
Phone: 617-515-4418  
E-Mail: davidfriedlerlmhc@gmail.com  
Web Site: www.davidfriedlerlmhc.com  
Populations: Adolescents, Adults, Seniors, Couples, Families  
Specialties: Addictive Behavior, Depressive Disorders, Divorce/Separation, Gender Issues, Sexual Orientation  
Theoretical Orientation and Approach: Behavioral, Eclectic, Humanistic  
Treatment Modalities: Expressive Techniques, CBT, Stress Management, DBT  
Qualified Supervision: Yes

Sandra J. Madruga, M.S., LMHC  
Address: La Alianza Hispana, Inc., The Family Counseling Center 7  
9 Forest Street, Roxbury, MA 02119  
Phone: 617-427-7175x204  
E-Mail: sjmadruga@comcast.net  
MaMHCA Certified Supervisor: Yes

Carol Marks-Stopforth, M.A., LMHC  
Address: 57 Cornwall Street, #2, Jamaica Plain, MA 02130  
Phone: 617-797-0397  
E-Mail: cmarks1111@comcast.net  
Web Site: www.carolmarksstopforth.com  
Populations: Adults, Couples  
Specialties: Anxiety Disorders, Depressive Disorders, Grief & Loss, Divorce/Separation, PTSD  
Theoretical Orientation and Approach: Body Oriented, Client Centered, Psychodynamic  
Treatment Modalities: Group, Expressive Techniques, Stress Management  
Bilingual: French  
Qualified Supervision: Yes
Pam Newton, M.A., LMHC
Address: 49 Hancock Street, Cambridge, MA 02139
Phone: 617-469-4462
Web Site: Newdreamco@gmail.com
MaMHCA Certified Supervisor: Yes

Michele Quinlan, M.Ed., LMHC
Address: 1 Shendandoah Street, Dorchester, MA 02124
Phone: 617-372-3733
E-mail: michquinlan@msn.com
Qualified Supervision: Yes

Ken Sherman, M.A., LMHC
Address: 77 Warren Street, Suite 459, Brighton, MA 02135
Phone: 617-645-3050
E-Mail: info@kensherman.com
Web Site: www.kensherman.com
Populations: Adults, Seniors, Couples
Specialties: Creative Blocks, Depressive Disorders, Grief & Loss, Alcohol/Substance Abuse, Death/Dying/Terminal Illness
Theoretical Orientation and Approach: Body Oriented, Eclectic, Holistic
Treatment Modalities: CBT, Stress Management
Qualified Supervision: Yes
MaMHCA Certified Supervisor: Yes

Eleftheria A. Sidiropoulou, D.Min., LMHC
Address: 88 Tremont Street, Boston, MA 02108
Phone: 617-523-1543
E-Mail: pastor.effie@gmail.com
Populations: Adults, Seniors, Couples, Families
Specialties: Addictive Behavior, Depressive Disorders, Cross Cultural Counseling, Divorce/Separation, Personality Disorders
Theoretical Orientation and Approach: Family Systems, Psychodynamic, Pastoral/Spiritual
Treatment Modalities: Group, CBT, DBT
Qualified Supervision: Yes
Leslie Winslow-Keats, LMHC  
Phone: 617-413-2709  
E-Mail: lwkeats@yahoo.com  
MaMHCA Certified Supervisor: Yes

Suzan Wolpow, M.S., LMHC  
Address: 111 Sherman Street, Rear, Cambridge, MA 02140  
Phone: 617-441-0758  
E-Mail: suzan@yourclearvoice.com  
Web Site: www.yourclearvoice.com  
Populations: Adults, Seniors, Couples, Families  
Specialties: Anxiety Disorders, Depressive Disorders, Grief & Loss, Parenting, PTSD  
Theoretical Orientation and Approach: Client Centered, Cognitive, Family Systems  
Treatment Modalities: Group, CBT, Stress Management, DBT  
Qualified Supervision: Yes
Ken Barringer, M.A., LMHC
Office Address: 425R Watertown Street, Newton, MA 02458
Phone: 617-969-2200x12
E-Mail: kbarringer@academynewton.com
Web Site: www.academynewton.com
Populations: School Age Children, Adolescents, Families
Specialties: Depressive Disorders, Grief & Loss, OCD, ADHD, Parenting
Theoretical Orientation and Approach: Behavioral, Client Centered, Eclectic, Group
Treatment Modalities: CBT
Qualified Supervisor: Yes

Mitzi Bramble, M.A., LMHC
Address: Medfield, MA 02052
Phone: 508-344-4570
E-Mail: mitzbramble@gmail.com
Web Site: www.therapeutic-arts.com
Populations: School Age Children, Adolescents, Adults
Specialties: Addictive Behavior, Creative Blocks, Depressive Disorders, Divorce/Separation, PTSD
Theoretical Orientation and Approach: Client Centered, Humanistic, Psychodynamic
Treatment Modalities: Group, Expressive Techniques, Mediation, Stress Management
Qualified Supervision: Yes
Jessica Foley MA LMHC
Address: 36 Beaver Street, Waltham, MA 02453
Phone: 617-877-0071
E-Mail: jfoley@jessicafoley.com
Web Site: www.jessicafoley.com
Populations: Adults
Specialties: Depressive Disorders, Infertility Issues, PTSD, Sexual Abuse Survivors, Sexual Orientation
Theoretical Orientation and Approach: Client Centered, Eclectic, Feminist
Treatment Modalities: Stress Management
Qualified Supervision: Yes
MaMHCA Certified Supervisor: Yes

Judith K. Glick, M.Ed., LMHC
Address: 259 Massachusetts Avenue, Arlington, MA 02474
Phone: 781-646-2282
E-Mail: judyglick@verizon.net
Populations: Adults, Seniors, Couples
Specialties: Addictive Behavior, Anxiety Disorders, Depressive Disorders, PTSD, Sexual Orientation
Theoretical Orientation and Approach: Client Centered, Cognitive, Holistic
Treatment Modalities: Hypnosis, Expressive Techniques, CBT, Stress Management, EMDR

Berna G. Haberman, M.A., LMHC
Address: 1 Granite Street, Framingham, MA 01702
Phone: 508-872-9795
Populations: Adults, Seniors, Couples
Specialties: Depressive Disorders, Grief & Loss, Parenting-Step Parenting, Divorce/Separation, Parenting
Theoretical Orientation and Approach: Behavioral, Cognitive, Family Systems
Qualified Supervision: Yes
Israela Holtzman, M.Ed., LMHC
Address: 1280 Center Street, Suite 220, Newton, MA 02459
Phone: 781-724-1373
Populations: Adults, Couples
Specialties: Depressive Disorders, Cross Cultural Counseling, Divorce/Separation, Dual Diagnosis/Substance, Parenting
Theoretical Orientation and Approach: Cognitive, Eclectic, Psychodynamic
Treatment Modalities: CBT
Bilingual: Hebrew

Xochitl Kountz, MSCP, LMHC
Address: One Garfield Circle, Burlington, MA, 01803
Phone: 617-939-4821
Populations: Adolescents, Adults, Couples, Families
Specialties: Anxiety Disorders, Depressive Disorders, ADHD, Cross Cultural Counseling, Sexual Orientation
Theoretical Orientation and Approach: Behavioral, Cognitive, Family Systems
Qualified Supervision: Yes

Sandi Beren Mahoney, M.A., LMHC
Address: 1 Granite Street, Framingham, MA 01702
Phone: 508-259-6832
Populations: School Age Children, Adolescents, Adults, Seniors, Couples, Families
Specialties: Anxiety Disorders, Grief & Loss, Parenting-Step Parenting, Divorce/Separation, Sexual Abuse Survivors
Theoretical Orientation and Approach: Behavioral, Cognitive, Family Systems
Treatment Modalities: Group, CBT
Manuela McShane, M.A., LMHC
Address: 73 Trapelo Road, Suite 3, Belmont, MA 02478
Phone: 617-538-8132
E-Mail: mpm627@aol.com
Web Site: www.manuelamcshane.com
Populations: Adults, Couples, Families
Specialties: Depressive Disorders, Grief & Loss, OCD, ADHD, PTSD
Theoretical Orientation and Approach: Client Centered, Cognitive, Eclectic
Treatment Modalities: CBT, Stress Management

Judith Tanner, LMHC
Address: Wakefield, MA 01880
Phone: 781-548-1553
E-Mail: judytanner@msn.com
MaMHCA Certified Supervisor: Yes

Thalia Vitikos, M.A., LMHC
Address: 675 Main Street, #4 Rear, Waltham, MA 02453
Phone: 339-206-4477
E-Mail: ridgewoodarts@comcast.net
Populations: School Age Children, Adolescents, Adults, Seniors
Specialties: Depressive Disorders, Dual Diagnosis/Retardation, Autism, Creative Blocks, Sexual Abuse Survivors
Theoretical Orientation and Approach: Behavioral, Cognitive, Rational Emotive
Treatment Modalities: Expressive Techniques, CBT, Stress Management
Qualified Supervision: Yes
Marcia Elizabeth Winters, M.A., LMHC
Address: 61 Stone Road, Belmont, MA 02478
Phone: 617-279-7308
E-Mail: marciasummer2004@gmail.com
Populations: School Age Children, Adolescents, Adults, Seniors
Specialties: Anxiety Disorders, Depressive Disorders, Grief & Loss, Learning Disorders, ADHD
Theoretical Orientation and Approach: Cognitive, Eclectic, Psychodynamic
Treatment Modalities: CBT, Stress Management
Qualified Supervision: Yes

Carol Wintle, M.A., LMHC
Address: 9 Concord Avenue, Belmont, MA 02478
Phone: 617-489-1554
E-Mail: carol@carolwintle.com
Web Site: www.carolwintle.com
Populations: Pre-School Children, School Age Children, Families
Specialties: Grief & Loss, OCD, Parenting-Step Parenting, ADHD, Divorce/Seperation
Theoretical Orientation and Approach: Behavioral, Client Centered, Cognitive
Treatment Modalities: Expressive Techniques, CBT, Stress Management
Qualified Supervision: Yes
Rachel Coffin-Fahey, M.A., LMHC
Address: 165 Main Street, Suite 110, Medway, MA 02053
Phone: 508-533-4141
Populations: School Age Children, Adolescents
Specialties: Depressive Disorders, OCD, ADHD, Parenting, PTSD
Theoretical Orientation and Approach: Behavioral, Client Centered, Cognitive
Treatment Modalities: CBT

Emily Marsick, Ph.D., LMHC
Address: 31 Hastings Street, Mendon, MA 01756
Phone: 508-473-1200x6
E-mail: emilymarsick@hotmail.com
MaMHCA Certified Supervisor: Yes

Kristin W. Ostberg, M.A., LMHC
Address: 175 Littleton Road, Suite 8, Westford, MA 01886
Phone: 978-621-4718
E-Mail: kwostberg@gmail.com
Web Site: www.psychologytoday.com
Populations: Adolescents, Adults
Specialties: Depressive Disorders, Grief & Loss, OCD, Parenting, PTSD
Theoretical Orientation and Approach: Behavioral, Cognitive, Eclectic
Treatment Modalities: CBT, Stress Management
Linda A. Standley, M.A., LMHC
Address: 165 Main Street, Suite 108, Medway, MA 02053
Phone: 508-478-7505
E-Mail: lastandley@yahoo.com
Populations: Adolescents, Adults, Couples
Specialties: Codependency, Dissociative Disorders, Rape/Assault Victims, PTSD, Sexual Abuse Survivors
Theoretical Orientation and Approach: Client Centered, Feminist, Psychodynamic
Treatment Modalities: Group, Stress Management
Qualified Supervision: Yes

Ann L. Vasey, M.Ed., LMHC
Address: 34 Pope Street, #5, Hudson, MA 01749
Phone: 947-562-3823
Populations: School Age Children, Adolescents, Adults, Seniors, Couples, Families
Specialties: Anxiety Disorders, Learning Disorders, ADHD, Parenting, Grief & Loss
Theoretical Orientation and Approach: Eclectic, Family Systems, Holistic
Treatment Modalities: Stress Management, EMDR
Qualified Supervision: Yes
MaMHCA Certified Supervisor: Yes
CENTRAL MASSACHUSETTS

Frances Aschheim, LMHC
Address: 20 Main Street, Northborough, MA 01532
Phone: 508-393-1955
E-Mail: aschheim4@gmail.com
Web Site: www.Franaschheim.com
MaMHCA Certified Supervisor: Yes

Donna O’Brien, M.Ed., LMHC
Address: 35 South Street, Barre, MA 01005
Phone: 508-287-3415
Populations: Adolescents, Adults, Seniors, Couples, Families
Specialties: Depressive Disorders, Phobias, Divorce/Separation, Dual Diagnosis/Substance, PTSD
Theoretical Orientation and Approach: Cognitive, Humanistic, Psychodynamic
Treatment Modalities: Group, Expressive Techniques, CBT, Stress Management, DBT, EMDR
Qualified Supervision: Yes

Kathleen T. Randall, LMHC
Address: 96 West Main Street, Northborough, MA 01532
Phone: 508-351-6511
Web Site: www.Ktrandall.com
MaMHCA Certified Supervisor: Yes
SOUTHEASTERN MASSACHUSETTS

Chantal Jean-Baptiste, M.Ed., LMHC
Address: 450 Pearl Street, 2nd Floor, Stoughton, MA 02072
Phone: 781-344-3400
E-Mail: cjeanbaptist@aol.com
Populations: School Age Children, Adolescents, Adults, Seniors, Couples, Families
Specialties: Attachment Disorders, Depressive Disorders, ADHD, Parenting, PTSD
Theoretical Orientation and Approach: Behavioral, Cognitive, Family Systems
Treatment Modalities: Group, CBT
Bilingual: French, Haitian Creole

Donna Keane, D.Min., LMHC
Address: 1133 Pleasant Street, Bridgewater, MA, 02379
Phone: 781-799-8097
E-Mail: DonnaKeane@verizon.net
Populations: Adults, Couples
Specialties: Anxiety Disorders, Depressive Disorders, Grief & Loss, Alcohol/Substance Abuse, Death/Dying/Terminal Illness
Theoretical Orientation and Approach: Behavioral, Cognitive, Pastoral/Spiritual
Treatment Modalities: Stress Management

Anne Mercer, LMHC
Address: 101 Rock Street, Fall River, MA 02720
Phone: 508-678-7542
E-Mail: amm6@comcast.net
MaMHCA Certified Supervisor: Yes
Barbara E. Rahaim, M.A., LMHC
Address: 12 Barbara Road, Canton, MA 02021
Phone: 781-828-3172
E-Mail: barbrahaim@verizon.net
Populations: Adults, Seniors
Specialties: Depressive Disorders, Grief & Loss, Alcohol/Substance Abuse, Death/Dying/Terminal Illness, Divorce/Separation
Theoretical Orientation and Approach: Client Centered, Cognitive, Psychodynamic
Treatment Modalities: Hypnosis

Linda Roberts, LMHC
Address: 105 Plain Drive, Stoughton, MA 02072
Phone: 781-344-3323
Populations: Adolescents, Adults, Seniors, Couples, Families
Specialties: Codependency, Depressive Disorders, Grief & Loss, ADHD, Sexual Abuse Survivors
Theoretical Orientation and Approach: Cognitive, Eclectic, Psychodynamic
Treatment Modalities: CBT, Stress Management

Katherine Smith, M.A., LMHC
Address: P O Box 432, Bridgewater, MA 02324
Phone: 508-443-4003
E-Mail: kathysmithlmhc@gmail.com
Web Site: www.kathysmithlmhc.com
Populations: Adults
Specialties: Addictive Behavior, Codependency, Alcohol/Substance Abuse, Dual Diagnosis/Substance, PTSD
Theoretical Orientation and Approach: Client Centered, Cognitive, Psychodynamic
Qualified Supervision: Yes
CAPE AREA

Mary A. Katz, M.A., LMHC
Address: 222 Main Street, Falmouth, MA 02540
Phone: 508-681-9444
E-Mail: capecodcbt@gmail.com
Web Site: www.cbtinfalmouth.com
Populations: Adults
Specialties: Anxiety Disorders, Depressive Disorders, Grief & Loss, Parenting
Theoretical Orientation and Approach: Behavioral, Cognitive
Treatment Modalities: CBT, Stress Management

Allan C. Page, D.Min., LMHC
Address: 184A Jones Road, Falmouth, MA 02540
Phone: 508-548-1094
Populations: School Age Children, Adolescents, Adults, Seniors, Couples, Families
Specialties: Depressive Disorders, Grief & Loss, Death/Dying/Terminal Illness, Divorce/Separation, Medical Illnesses
Theoretical Orientation and Approach: Behavioral, Eclectic, Family Systems
Bilingual: American Sign Language

Penny Snow, M.A., M.S., LMHC
Address: 14 East Street, PO Box 2667, Nantucket, MA 02584
Phone: 508-228-1122
E-Mail: pfssnow@comcast.net
Populations: Adolescents, Adults, Seniors, Couples, Families
Specialties: Addictive Behavior, Career Counseling, Depressive Disorders, Phobias, PTSD
Theoretical Orientation and Approach: Cognitive, Family Systems, Holistic
Treatment Modalities: Group, Stress Management
Marcia Ford, LMHC
Address: 205 Willow Street, South Hamilton, MA 01982
Phone: 978-239-3392
E-Mail: marcia@compassrosecounseling.com
Web Site: www.CompassRoseCounseling.com
MaMHCA Certified Supervisor: Yes

Melissa Kaplan, M.A., LMHC
Address: 2 Enon Street, Beverly, MA 01915
Phone: 781-866-0511
E-Mail: mkaplanlmhc@gmail.com
Web Site: www.melissakaplanlmhc.com
Populations: Adults, Seniors, Families
Specialties: Depressive Disorders, Gender Issues, Medical Illness, PTSD, Sexual Orientation
Theoretical Orientation and Approach: Cognitive, Humanistic, Psychodynamic

Stephanie Musial, M.A., LMHC
Address: 14 Cedar Street, Suite 303, Amesbury, MA 01913
Phone: 978-290-0042
E-Mail: smusial@verizon.net
Web Site: www.stephaniemusial.com
Populations: Pre-School Children, School Age Children, Adolescents, Adults
Specialties: Anxiety Disorders, Depressive Disorders, ADHD, Autism, Parenting
Theoretical Orientation and Approach: Client Centered, Developmental, Humanistic
Treatment Modalities: Group, Expressive Techniques, Stress Management
Qualified Supervision: Yes
SOUTH SHORE

Deena Beals, M.Ed., LMHC
Office Address: 51 Mill Street, #8, Hanover, MA 02339
Phone: 781-829-4300
Web Site: www.Harmonywellness.com
Populations: School Age Children, Adolescents, Adults, Seniors
Specialties: Anxiety Disorders, Depressive Disorders, Phobias, Parenting, PTSD
Theoretical Orientation and Approach: Behavioral, Cognitive, Holistic,
Treatment Modalities: Hypnosis, CBT, DBT, EMDR
Qualified Supervisor: Yes

Cheryl A. Coughlin, M.Ed., LMHC
Address: 210 Whiting Street, Suite 3, Hingham, MA 02043
Phone: 781-740-9044
Populations: Pre-School Children, School Age Children, Adults, Couples, Families
Specialties: Anxiety Disorders, ADHD, Autism, Parenting, PTSD
Theoretical Orientation and Approach: Behavioral, Developmental, Family Systems
Treatment Modalities: Expressive Techniques, CBT

Judith A. Coyle, M.Ed., LMHC
Address: 172 Union Street, S. Weymouth, MA 02190
Phone: 781-335-1742
E-Mail: jcoylelmhc@yahoo.com
Populations: Adults, Seniors, Couples, Families
Specialties: Anxiety Disorders, Addictive Behavior, Depressive Disorders, PTSD, Psychogeriatric
Theoretical Orientation and Approach: Family Systems, Cognitive, Psychodynamic
Qualified Supervision: Yes
Joyce Dolberg Rowe, M.Ed., LMHC
Address: 1354 Hancock Street, Suite 305, Quincy, MA 02169
Phone: 617-481-9395
E-Mail: info@behavioralnutrition.org
Web Site: www.behavioralnutrition.org
Populations: Adolescents, Adults, Seniors, Couples, Families
Specialties: Anxiety Disorders, Depressive Disorders, Eating Disorders, Phobias
Theoretical Orientation and Approach: Behavioral, Client Centered, Cognitive
Treatment Modalities: Group, Hypnosis, Mediation, CBT, Stress Management, DBT
Bilingual: Spanish
Qualified Supervision: Yes

Sheila Ryan, LMHC
Address: 30 Nonantum Road, Plymouth, MA 02360
Phone: 508-834-1917
E-Mail: csr019@msn.com
Populations: Adults, Seniors
Specialties: Creative Blocks, Grief & Loss, Alcohol/Substance Abuse, Dual Diagnosis/Substance, PTSD
Theoretical Orientation and Approach: Eclectic
Treatment Modalities: Group, Expressive Techniques, Stress Management
Qualified Supervision: Yes
MaMHCA Certified Supervisor: Yes
Joanne Salisbury, M.A., LMHC  
**Address:** 122 G Tall Oaks Drive, Weymouth, MA 02190  
**Phone:** 781-413-5727  
**E-Mail:** joannes1458@verizon.net  
**Populations:** Adults, Seniors, Couples  
**Specialties:** Depressive Disorders, Eating Disorders, OCD, Personality Disorders, PTSD  
**Theoretical Orientation and Approach:** Behavioral, Client Centered, Cognitive  
**Treatment Modalities:** Expressive Techniques, Stress Management  
**Qualified Supervision:** Yes

Doris Ann Timmeney, M.Ed., LMHC  
**Address:** 21 Franklin Street, Quincy, MA 02169  
**Phone:** 617-472-1414  
**E-Mail:** doristim@msn.com  
**Populations:** Adolescents, Adults, Couples  
**Specialties:** Addictive Behavior, Depressive Disorders, Alcohol/Substance Abuse, Divorce/Separation, Dual Diagnosis/Substance  
**Theoretical Orientation and Approach:** Behavioral, Client Centered, Cognitive  
**Treatment Modalities:** CBT
WESTERN MASSACHUSETTS

Dorothy Firman, Ed.D., LMHC
Address: 285 Pomeroy Lane, Amherst, MA 01002
Phone: 413-256-3020
E-Mail: dfirman@comcast.net
Web Site: www.dorothyfirman.com
Populations: Adults, Seniors, Couples
Specialties: Creative Blocks, Grief & Loss, Death/Dying/Terminal Illness,
Divorce/Separation
Theoretical Orientation and Approach: Humanistic, Psychosynthesis,
Transpersonal
Qualified Supervision: Yes

Alexis Truslow, LMHC
Address: 53 Center Street, Northampton, MA 01060
Phone: 413-584-0025
E-mail: alexiscoach@aol.com
MaMHCA Certified Supervisor: Yes
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<td>617-499-1950</td>
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<td>Giovanna Franchi</td>
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<td>617-482-3200</td>
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<td>Ken Sherman</td>
<td>Brighton</td>
<td>617-645-3050</td>
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<td>Karen Enegess</td>
<td>Brookline</td>
<td>617-293-8466</td>
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<td>Pam Newton</td>
<td>Cambridge</td>
<td>617-469-4462</td>
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<td>Carol Marks-Stopforth</td>
<td>Jamaica Plain</td>
<td>617-797-0397</td>
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<td>Sandra J. Madruga</td>
<td>Roxbury</td>
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<td>Rhona Engelman</td>
<td>Somerville</td>
<td>617-922-5156</td>
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<tr>
<td>Leslie Winslow-Keats</td>
<td></td>
<td>617-413-2709</td>
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<tbody>
<tr>
<td>Judith Tanner</td>
<td>Wakefield</td>
<td>781-548-1553</td>
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<tr>
<td>Jessica Foley</td>
<td>Waltham</td>
<td>617-877-0071</td>
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<td>Ann L. Vasey</td>
<td>Hudson</td>
<td>947-562-3823</td>
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<tr>
<td>Emily Marsick</td>
<td>Mendon</td>
<td>508-473-1200 x6</td>
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<tbody>
<tr>
<td>Frances Aschheim</td>
<td>Northborough</td>
<td>508-393-1955</td>
</tr>
<tr>
<td>Kathleen T. Randall</td>
<td>Northborough</td>
<td>508-351-6511</td>
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Marcia Ford  
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Berna G. Haberman Framingham 508-872-9795
Mitzi Bramble Medfield 508-344-4570
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Jessica Foley Waltham 617-877-0071
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