

## (Sample) Standard Authorization For Disclosure Of Mental Health Treatment Information

I, \_\_\_\_\_ [Insert Name of Patient/Client], whose Date of Birth is \_\_\_\_\_,

authorize [Insert Name of Mental Health Counseling Organization] to disclose to and/or obtain from:

\_\_\_\_\_ the following information:  
[Insert Name of Person or Title of Person or Organization]

### Description of Information to be Disclosed

(Patient/Client should initial each item to be disclosed)

_____ Assessment	_____ Educational Information
_____ Diagnosis	_____ Discharge/Transfer Summary
_____ Psychosocial Evaluation	_____ Continuing Care Plan
_____ Psychological Evaluation	_____ Progress in Treatment
_____ Psychiatric Evaluation	_____ Demographic Information
_____ Treatment Plan or Summary	_____ Psychotherapy Notes*
_____ Current Treatment Update	(*Cannot be combined with any other disclosure)
_____ Medication Management Information	_____ Other _____
_____ Presence/Participation in Treatment	_____ Other _____
_____ Nursing/Medical Information	

### Purpose

This information may be used or disclosed in connection with mental health treatment, payment, or healthcare operations.

If the purpose is other than as specified above, please specify:

\_\_\_\_\_  
\_\_\_\_\_

### Revocation

I understand that I have a right to revoke this authorization, in writing, at any time by sending written notification to [Insert Name] at [Insert Contact Information]. I further understand that a revocation of the authorization is not effective to the extent that action has been taken in reliance on the authorization.

### Expiration

Unless sooner revoked, this authorization expires on the following date: \_\_\_\_\_ or as otherwise indicated: \_\_\_\_\_

### Conditions

I further understand that [Insert Name of Mental Health Counseling Organization] will not condition my treatment on whether I give authorization for the requested disclosure. However, it has been explained to me that failure to sign this authorization may have the following consequences: \_\_\_\_\_

*[Insert an explanation of the consequences, if any, of not signing this authorization, which will depend on the services being provided].*

Form of Disclosure

Unless you have specifically requested in writing that the disclosure be made in a certain format, we reserve the right to disclose information as permitted by this authorization in any manner that we deem to be appropriate and consistent with applicable law, including, but not limited to, verbally, in paper format or electronically.

Redisclosure

I understand that there is the potential that the protected health information that is disclosed pursuant to this authorization may be redisclosed by the recipient and the protected health information will no longer be protected by the HIPAA privacy regulations, unless a State law applies that is more strict than HIPAA and provides additional privacy protections.

I will be given a copy of this authorization for my records.

\_\_\_\_\_  
Signature of Patient/Client Date

\_\_\_\_\_  
Signature of Parent, Guardian or Personal Representative Date

If you are signing as a personal representative of an individual, please describe your authority to act for this individual (power of attorney, healthcare surrogate, etc.).

\_\_\_\_\_ Check here if patient/client refuses to sign authorization

\_\_\_\_\_  
Signature of Staff Witness Date