

**MaMHCA**

**MaMHCA  
Referral Network Directory  
5th Edition**

**A Guide to Licensed Mental Health Counselors  
in Massachusetts**



**A Publication of the  
Massachusetts  
Mental Health Counselors  
Association**

**17 Cocasset Street  
Foxboro, MA 02035  
508-698-0010**

**2012**

**[www.MaMHCA.org](http://www.MaMHCA.org)**

This Directory is compiled from information submitted by members of the Massachusetts Mental Health Counselors Association. The Directory is intended for use by mental health professionals, and professionals from related fields, as a resource. The Massachusetts Mental Health Counselors Association does not warrant, express or implied, the accuracy or completeness of the information nor endorse the quality of services provided by any particular listed member. The Massachusetts Mental Health Counselors Association shall not be held liable for anyone who relies on directory information. The Massachusetts Mental Health Counselors Association does advise all those utilizing this or any other directory with the intent of engaging a therapist, to first inquire and verify such items as licensure, qualifications, and professional affiliations.

Licensure status can be verified at:  
[www.state.ma.us/reg/boards/mh/default.htm](http://www.state.ma.us/reg/boards/mh/default.htm)

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# Using The MaMHCA Referral Network Directory

The **MaMHCA Referral Network Directory** is designed to help you locate a Licensed Mental Health Counselor based on your individual counseling needs. The initial section of the **MaMHCA Referral Network Directory** provides an alphabetical listing by geographic region that profiles individual members of the MaMHCA Referral Network who provide services in individual or group private practice settings. Cross indexes for Approved Supervisors (meets requirements for Approved Supervisor in the LMHC Licensed Regulations {CMR-262}), MaMHCA Certified Supervisors (also meet requirements as Approved Supervisors plus have completed MaMHCA's 30-credit Supervision Training Program) and Bilingual Services are also included.

## About Licensed Mental Health Counselors

Licensed Mental Health Counselors (LMHCs) are highly qualified, Master's level, 3rd party reimbursable, cost-effective, public service oriented mental health practitioners. There are now over 4500 LMHCs in Massachusetts, working in private practice settings, and agencies, clinics, schools and hospitals, providing quality mental health services for consumers in the Commonwealth.

Licensed Mental Health Counselors are prepared to assist clients who are coping with a wide variety of problems and concerns. Licensed Mental Health Counselors specialize in many areas such as the emotional problems of anxiety and phobias, depression, child and spouse abuse, family conflict, eating disorders, sexual dysfunctions, drug and alcohol abuse, crisis intervention, job and career issues, personal growth, bereavement, and crime victimization.

Mental Health Counselors have been licensed as independent practitioners in Massachusetts since 1987. They are regulated by the Division of Professional Licensure, Board of Allied Health and Human Service Professions. LMHCs have rigorous clinical training which includes clearly specified, comprehensive, educational and field-training requirements:

- A Masters degree in counseling or related field
- 60 credit hours in total
- 700 hours of pre-masters supervised clinical practicum and internship training
- 3360 hours of post-masters, supervised, clinical work experience prior to licensure
- A passing score on the National Clinical Mental Health Counselors Examination (NCMHCE)
- Training supervisors of LMHCs must have five years post-masters clinical experience

Importantly, LMHCs must continue their education and training to renew their license. They must obtain 30 hours of continuing education credits every two years. Additionally, to ensure the highest quality of care and protection for mental health services consumers, there are National Standards of Professional Practice and Ethical Standards to which LMHCs must conform.

## About MaMHCA

The Massachusetts Mental Health Counselors Association (MaMHCA) has been chartered since 1981 as a professional association representing the interests of the Mental Health Counseling profession and the mental health field. Among MaMHCA's express purposes are ensuring the provision of the highest quality mental health services, generating legislation and advocacy aimed at better health and mental health care, and maintaining the high standards of the profession. MaMHCA's services to consumers include **The MaMHCA Referral Network Directory**, "*Mental Health Brights*" - educational pamphlets for the consumer on mental health topics, and legislation aimed at increased client protection, and increased services for clients.



Membership in MaMHCA is open to professional mental health counselors (Licensed Mental Health Counselors and counselors in the licensure process), counselor educators, and mental health counseling students and interns. MaMHCA is a state chapter of the American Mental Health Counselors Association (AMHCA).

## About the Counseling Process

One of the missions of the Massachusetts Mental Health Counselors Association is to promote education about mental health counseling and mental health issues for the public. MaMHCA supports activities that inform and educate consumers about the counseling process. The following series of questions reflect some of the issues that consumers should consider in choosing a Licensed Mental Health Counselor, or any mental health practitioner, and in evaluating the counseling process.

### **Referral Resources:**

Do you have reliable referral resources who are competent professionals? Do you trust their judgment in psychotherapeutic areas? Are they experienced in the referral process? Do they abide by National Professional Practice Standards and National Ethical Standards? Do they refer to licensed professionals and belong to one or more professional associations. Does the counselor you are considering have a good network of referral resources for their clients' potential needs.

### **Boundaries and the Therapy Relationship**

Is the therapy relationship with this counselor the only relationship you have with him/her. Boundaries in a therapy relationship should be clear, safe and respectful. There is a potential problem of a boundary violation in a "dual relationship" with someone who is also your teacher, minister, spouse of a friend or co-worker, or parent of your child's friend.

### **Business Practices:**

Does the counselor return your call promptly? Can you get an appointment within a week, or sooner in an emergency? Is their office space professional and private? Is there a clear and reasonable policy in regard to fee and insurance coverage? Are you informed of emergency coverage and coverage during the counselor's absences?

### **Privacy:**

Does your counselor explain confidentiality and its limitations to you? Are you informed that counselors have to receive your written consent for any communication (written or oral) between your counselor and another professional?

### **Respect:**

Does your counselor respect your time: do sessions begin and end on time? Have you developed mutually agreed upon short and longer term goals for your therapy? Is the focus of your sessions on your issues, without inappropriate detours into the counselor's interests or life events? Does the counselor respect your physical and emotional boundaries, refraining from suggestive or inappropriate physical and/or verbal behavior? Does your therapist address your concerns, symptoms, and behavior in a manner that is respectful and helpful? Does your counselor respect your questions and explain his/her theoretical approach and concepts?

### **Safety:**

A good, working counseling relationship takes time for trust to develop and for change to occur. If, however, you feel a number of the above questions are answered in the negative, or you feel unsafe, disrespected or exploited in any way, you have some alternatives. You can question your counselor, ask for a consultation, seek a second opinion on your own, and/or leave the therapy. In addition, the Division of Registration in Massachusetts has a complaint process you may employ if you feel you have been subjected to unethical practices.

Material in this section has been adapted from the series, *Mental Health Brights*, American Mental Health Counselors Association, Alexandria, VA



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**A Guide to Licensed Mental Health Counselors  
in Massachusetts**

**ALPHABETICAL LISTING OF  
LICENSED MENTAL HEALTH  
COUNSELORS  
BY  
GEOGRAPHIC REGION**

## BOSTON AREA

### **Carol Barnes, M.A., LMHC**

**Office Address:** 1415 Beacon Street, Suite 303, Brookline, MA 02446

**Phone:** 617-278-9999

**E-Mail:** cbarnes4@verizon.net

**Web Site:** www.psychologytoday.com

**Populations:** Adults

**Specialties:** Addictive Behavior, Depressive Disorders, Grief & Loss, Sexual Orientation, Personality Disorders

**Theoretical Orientation and Approach:** Behavioral, Developmental, Psychodynamic

**Treatment Modalities:** EMDR

### **Janice Biggs, M.A., LMHC**

**Address:** 40 Warren Street, Charlestown, MA 02129

**Phone:** 617-682-0823

**E-Mail:** janice.lmhc@gmail.com

**Populations:** Adults

**Specialties:** Career Counseling, Depressive Disorders, Grief & Loss, Alcohol/Substance Abuse, Dual Diagnosis/Substance

**Theoretical Orientation and Approach:** Behavioral, Client Centered, Cognitive

**Treatment Modalities:** Biofeedback, CBT, Stress Management

**Qualified Supervision:** Yes

### **Lucy Borodkin, M.Ed., LMHC**

**Address:** 175 Elm Street, Davis Square, Somerville, MA 02144

**Phone:** 617-776-5559

**Populations:** Adults

**Specialties:** Depressive Disorders, Grief & Loss, ADHD, Chronic Pain, Divorce/Separation

**Theoretical Orientation and Approach:** Cognitive, Feminist, Psychodynamic

**Treatment Modalities:** Stress Management



**Karen Enegess, M.A., LMHC**

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**E-Mail:** karen@karenenegess.com

**Web Site:** www.karenenegess.com

**Populations:** Adolescents, Adults, Couples

**Specialties:** Codependency, Depressive Disorders, Grief & Loss, Alcohol/ Substance Abuse, PTSD

**Theoretical Orientation and Approach:** Client Centered, Eclectic, Holistic

**Treatment Modalities:** Expressive Techniques, CISD, Stress Management, EMDR

**Bilingual:** Spanish

**Qualified Supervision:** Yes

**MaMHCA Certified Supervisor:** Yes

**Rhona Engelman, LMHC**

**Address:** 57 Central Street, Somerville, MA 02143

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**MaMHCA Certified Supervisor:** Yes

**Barbara Ferullo, M.Ed., LMHC**

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**Phone:** 617-499-1950

**Populations:** Adults, Seniors

**Specialties:** Codependency, Depressive Disorders, Dissociative Disorders, Divorce/Separation, PTSD

**Theoretical Orientation and Approach:** Body Oriented, Eclectic, Psychodynamic

**Treatment Modalities:** Stress Management

**Qualified Supervision:** Yes

**MaMHCA Certified Supervisor:** Yes

**Giovanna Franchi, M.A., LMHC**

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**MaMHCA Certified Supervisor:** Yes

**David Friedler, M.S., LMHC**

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**Phone:** 617-515-4418

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**Web Site:** www.davidfriedlerlmhc.com

**Populations:** Adolescents, Adults, Seniors, Couples, Families

**Specialties:** Addictive Behavior, Depressive Disorders, Divorce/Separation, Gender Issues, Sexual Orientation

**Theoretical Orientation and Approach:** Behavioral, Eclectic, Humanistic

**Treatment Modalities:** Expressive Techniques, CBT, Stress Management, DBT

**Qualified Supervision:** Yes

**Sandra J. Madruga, M.S., LMHC**

**Address:** La Alianza Hispana, Inc., The Family Counseling Center 7

9 Forest Street, Roxbury, MA 02119

**Phone:** 617-427-7175x204

**E-Mail:** sjmadruga@comcast.net

**MaMHCA Certified Supervisor:** Yes

**Carol Marks-Stopforth, M.A., LMHC**

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**Web Site:** www.carolmarksstopforth.com

**Populations:** Adults, Couples

**Specialties:** Anxiety Disorders, Depressive Disorders, Grief & Loss, Divorce/Separation, PTSD

**Theoretical Orientation and Approach:** Body Oriented, Client Centered, Psychodynamic

**Treatment Modalities:** Group, Expressive Techniques, Stress Management

**Bilingual:** French

**Qualified Supervision:** Yes



**Pam Newton, M.A., LMHC**

**Address:** 49 Hancock Street, Cambridge, MA 02139

**Phone:** 617-469-4462

**Web Site:** Newdreamco@gmail.com

**MaMHCA Certified Supervisor:** Yes

**Michele Quinlan, M.Ed., LMHC**

**Address:** 1 Shendandoah Street, Dorchester, MA 02124

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**Qualified Supervision:** Yes

**Ken Sherman, M.A., LMHC**

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**Phone:** 617-645-3050

**E-Mail:** info@kensherman.com

**Web Site:** www.kensherman.com

**Populations:** Adults, Seniors, Couples

**Specialties:** Creative Blocks, Depressive Disorders, Grief & Loss, Alcohol/ Substance Abuse, Death/Dying/Terminal Illness

**Theoretical Orientation and Approach:** Body Oriented, Eclectic, Holistic

**Treatment Modalities:** CBT, Stress Management

**Qualified Supervision:** Yes

**MaMHCA Certified Supervisor:** Yes

**Eleftheria A. Sidiropoulou, D.Min., LMHC**

**Address:** 88 Tremont Street, Boston, MA 02108

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**E-Mail:** pastor.effie@gmail.com

**Populations:** Adults, Seniors, Couples, Families

**Specialties:** Addictive Behavior, Depressive Disorders, Cross Cultural Counseling, Divorce/Separation, Personality Disorders

**Theoretical Orientation and Approach:** Family Systems, Psychodynamic, Pastoral/Spiritual

**Treatment Modalities:** Group, CBT, DBT

**Qualified Supervision:** Yes

**Leslie Winslow-Keats, LMHC**

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**MaMHCA Certified Supervisor:** Yes

**Suzan Wolpow, M.S., LMHC**

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**Web Site:** www.yourclearvoice.com

**Populations:** Adults, Seniors, Couples, Families

**Specialties:** Anxiety Disorders, Depressive Disorders, Grief & Loss, Parenting, PTSD

**Theoretical Orientation and Approach:** Client Centered, Cognitive, Family Systems

**Treatment Modalities:** Group, CBT, Stress Management, DBT

**Qualified Supervision:** Yes



## METRO-WEST

### **Ken Barringer, M.A., LMHC**

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**Web Site:** www.academynewton.com

**Populations:** School Age Children, Adolescents, Families

**Specialties:** Depressive Disorders, Grief & Loss, OCD, ADHD, Parenting

**Theoretical Orientation and Approach:** Behavioral, Client Centered, Eclectic, Group

**Treatment Modalities:** CBT

**Qualified Supervisor:** Yes

### **Mitzi Bramble, M.A., LMHC**

**Address:** Medfield, MA 02052

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**Web Site:** www.therapeutic-arts.com

**Populations:** School Age Children, Adolescents, Adults

**Specialties:** Addictive Behavior, Creative Blocks, Depressive Disorders, Divorce/Separation, PTSD

**Theoretical Orientation and Approach:** Client Centered, Humanistic, Psychodynamic

**Treatment Modalities:** Group, Expressive Techniques, Mediation, Stress Management

**Qualified Supervision:** Yes

**Jessica Foley MA LMHC**

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**Web Site:** [www.jessicafoley.com](http://www.jessicafoley.com)

**Populations:** Adults

**Specialties:** Depressive Disorders, Infertility Issues, PTSD, Sexual Abuse Survivors, Sexual Orientation

**Theoretical Orientation and Approach:** Client Centered, Eclectic, Feminist

**Treatment Modalities:** Stress Management

**Qualified Supervision:** Yes

**MaMHCA Certified Supervisor:** Yes

**Judith K. Glick, M.Ed., LMHC**

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**Populations:** Adults, Seniors, Couples

**Specialties:** Addictive Behavior, Anxiety Disorders, Depressive Disorders, PTSD, Sexual Orientation

**Theoretical Orientation and Approach:** Client Centered, Cognitive, Holistic

**Treatment Modalities:** Hypnosis, Expressive Techniques, CBT, Stress Management, EMDR

**Berna G. Haberman, M.A., LMHC**

**Address:** 1 Granite Street, Framingham, MA 01702

**Phone:** 508-872-9795

**Populations:** Adults, Seniors, Couples

**Specialties:** Depressive Disorders, Grief & Loss, Parenting-Step Parenting, Divorce/Separation, Parenting

**Theoretical Orientation and Approach:** Behavioral, Cognitive, Family Systems

**Qualified Supervision:** Yes



**Israella Holtzman, M.Ed., LMHC**

**Address:** 1280 Center Street, Suite 220, Newton, MA 02459

**Phone:** 781-724-1373

**Populations:** Adults, Couples

**Specialties:** Depressive Disorders, Cross Cultural Counseling, Divorce/Separation, Dual Diagnosis/Substance, Parenting

**Theoretical Orientation and Approach:** Cognitive, Eclectic, Psychodynamic

**Treatment Modalities:** CBT

**Bilingual:** Hebrew

**Xochitl Kountz, MSCP, LMHC**

**Address:** One Garfield Circle, Burlington, MA, 01803

**Phone:** 617-939-4821

**Populations:** Adolescents, Adults, Couples, Families

**Specialties:** Anxiety Disorders, Depressive Disorders, ADHD, Cross Cultural Counseling, Sexual Orientation

**Theoretical Orientation and Approach:** Behavioral, Cognitive, Family Systems

**Qualified Supervision:** Yes

**Sandi Beren Mahoney, M.A., LMHC**

**Address:** 1 Granite Street, Framingham, MA 01702

**Phone:** 508-259-6832

**Populations:** School Age Children, Adolescents, Adults, Seniors, Couples, Families

**Specialties:** Anxiety Disorders, Grief & Loss, Parenting-Step Parenting, Divorce/Separation, Sexual Abuse Survivors

**Theoretical Orientation and Approach:** Behavioral, Cognitive, Family Systems

**Treatment Modalities:** Group, CBT

**Manuela McShane, M.A., LMHC**

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**Web Site:** www.manuelamcshane.com

**Populations:** Adults, Couples, Families

**Specialties:** Depressive Disorders, Grief & Loss, OCD, ADHD, PTSD

**Theoretical Orientation and Approach:** Client Centered, Cognitive, Eclectic

**Treatment Modalities:** CBT, Stress Management

**Judith Tanner, LMHC**

**Address:** Wakefield, MA 01880

**Phone:** 781-548-1553

**E-Mail:** judytanner@msn.com

**MaMHCA Certified Supervisor:** Yes

**Thalia Vitikos, M.A., LMHC**

**Address:** 675 Main Street, #4 Rear, Waltham, MA 02453

**Phone:** 339-206-4477

**E-Mail:** ridgewoodarts@comcast.net

**Populations:** School Age Children, Adolescents, Adults, Seniors

**Specialties:** Depressive Disorders, Dual Diagnosis/Retardation, Autism, Creative Blocks, Sexual Abuse Survivors

**Theoretical Orientation and Approach:** Behavioral, Cognitive, Rational Emotive

**Treatment Modalities:** Expressive Techniques, CBT, Stress Management

**Qualified Supervision:** Yes



**Marcia Elizabeth Winters, M.A., LMHC**

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**Phone:** 617-279-7308

**E-Mail:** marciasummer2004@gmail.com

**Populations:** School Age Children, Adolescents, Adults, Seniors

**Specialties:** Anxiety Disorders, Depressive Disorders, Grief & Loss, Learning Disorders, ADHD

**Theoretical Orientation and Approach:** Cognitive, Eclectic, Psychodynamic

**Treatment Modalities:** CBT, Stress Management

**Qualified Supervision:** Yes

**Carol Wintle, M.A., LMHC**

**Address:** 9 Concord Avenue, Belmont, MA 02478

**Phone:** 617-489-1554

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**Web Site:** www.carolwintle.com

**Populations:** Pre-School Children, School Age Children, Families

**Specialties:** Grief & Loss, OCD, Parenting-Step Parenting, ADHD, Divorce/ Separation

**Theoretical Orientation and Approach:** Behavioral, Client Centered, Cognitive

**Treatment Modalities:** Expressive Techniques, CBT, Stress Management

**Qualified Supervision:** Yes

## **I 495 BELT**

### **Rachel Coffin-Fahey, M.A., LMHC**

**Address:** 165 Main Street, Suite 110, Medway, MA 02053

**Phone:** 508-533-4141

**Populations:** School Age Children, Adolescents

**Specialties:** Depressive Disorders, OCD, ADHD, Parenting, PTSD

**Theoretical Orientation and Approach:** Behavioral, Client Centered, Cognitive

**Treatment Modalities:** CBT

### **Emily Marsick, Ph.D., LMHC**

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**MaMHCA Certified Supervisor:** Yes

### **Kristin W. Ostberg, M.A., LMHC**

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**Phone:** 978-621-4718

**E-Mail:** kwostberg@gmail.com

**Web Site:** [www.psychologytoday.com](http://www.psychologytoday.com)

**Populations:** Adolescents, Adults

**Specialties:** Depressive Disorders, Grief & Loss, OCD, Parenting, PTSD

**Theoretical Orientation and Approach:** Behavioral, Cognitive, Eclectic

**Treatment Modalities:** CBT, Stress Management



**Linda A. Standley, M.A., LMHC**

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**Populations:** Adolescents, Adults, Couples

**Specialties:** Codependency, Dissociative Disorders, Rape/Assault Victims, PTSD, Sexual Abuse Survivors

**Theoretical Orientation and Approach:** Client Centered, Feminist, Psychodynamic

**Treatment Modalities:** Group, Stress Management

**Qualified Supervision:** Yes

**Ann L. Vasey, M.Ed., LMHC**

**Address:** 34 Pope Street, #5, Hudson, MA 01749

**Phone:** 947-562-3823

**Populations:** School Age Children, Adolescents, Adults, Seniors, Couples, Families

**Specialties:** Anxiety Disorders, Learning Disorders, ADHD, Parenting, Grief & Loss

**Theoretical Orientation and Approach:** Eclectic, Family Systems, Holistic

**Treatment Modalities:** Stress Management, EMDR

**Qualified Supervision:** Yes

**MaMHCA Certified Supervisor:** Yes

## CENTRAL MASSACHUSETTS

### **Frances Aschheim, LMHC**

**Address:** 20 Main Street, Northborough, MA 01532

**Phone:** 508-393-1955

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**Web Site:** www.Franaschheim.com

**MaMHCA Certified Supervisor:** Yes

### **Donna O'Brien, M.Ed., LMHC**

**Address:** 35 South Street, Barre, MA 01005

**Phone:** 508-287-3415

**Populations:** Adolescents, Adults, Seniors, Couples, Families

**Specialties:** Depressive Disorders, Phobias, Divorce/Separation,  
Dual Diagnosis/Substance, PTSD

**Theoretical Orientation and Approach:** Cognitive, Humanistic,  
Psychodynamic

**Treatment Modalities:** Group, Expressive Techniques, CBT,  
Stress Management, DBT, EMDR

**Qualified Supervision:** Yes

### **Kathleen T. Randall, LMHC**

**Address:** 96 West Main Street, Northborough, MA 01532

**Phone:** 508-351-6511

**Web Site:** www.Ktrandall.com

**MaMHCA Certified Supervisor:** Yes



## SOUTHEASTERN MASSACHUSETTS

### **Chantal Jean-Baptiste, M.Ed., LMHC**

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**E-Mail:** cjeanbaptist@aol.com

**Populations:** School Age Children, Adolescents, Adults, Seniors, Couples, Families

**Specialties:** Attachment Disorders, Depressive Disorders, ADHD, Parenting, PTSD

**Theoretical Orientation and Approach:** Behavioral, Cognitive, Family Systems

**Treatment Modalities:** Group, CBT

**Bilingual:** French, Haitian Creole

### **Donna Keane, D.Min., LMHC**

**Address:** 1133 Pleasant Street, Bridgewater, MA, 02379

**Phone:** 781-799-8097

**E-Mail:** DonnaKeane@verizon.net

**Populations:** Adults, Couples

**Specialties:** Anxiety Disorders, Depressive Disorders, Grief & Loss, Alcohol/Substance Abuse, Death/Dying/Terminal Illness

**Theoretical Orientation and Approach:** Behavioral, Cognitive, Pastoral/Spiritual

**Treatment Modalities:** Stress Management

### **Anne Mercer, LMHC**

**Address:** 101 Rock Street, Fall River, MA 02720

**Phone:** 508-678-7542

**E-Mail:** amm6@comcast.net

**MaMHCA Certified Supervisor:** Yes

**Barbara E. Rahaim, M.A., LMHC**

**Address:** 12 Barbara Road, Canton, MA 02021

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**Populations:** Adults, Seniors

**Specialties:** Depressive Disorders, Grief & Loss, Alcohol/Substance Abuse, Death/Dying/Terminal Illness, Divorce/Separation

**Theoretical Orientation and Approach:** Client Centered, Cognitive, Psychodynamic

**Treatment Modalities:** Hypnosis

**Linda Roberts, LMHC**

**Address:** 105 Plain Drive, Stoughton, MA 02072

**Phone:** 781-344-3323

**Populations:** Adolescents, Adults, Seniors, Couples, Families

**Specialties:** Codependency, Depressive Disorders, Grief & Loss, ADHD, Sexual Abuse Survivors

**Theoretical Orientation and Approach:** Cognitive, Eclectic, Psychodynamic

**Treatment Modalities:** CBT, Stress Management

**Katherine Smith, M.A., LMHC**

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**Web Site:** www.kathysmithlmhc.com

**Populations:** Adults

**Specialties:** Addictive Behavior, Codependency, Alcohol/Substance Abuse, Dual Diagnosis/Substance, PTSD

**Theoretical Orientation and Approach:** Client Centered, Cognitive, Psychodynamic

**Qualified Supervision:** Yes



## CAPE AREA

### **Mary A. Katz, M.A., LMHC**

**Address:** 222 Main Street, Falmouth, MA 02540

**Phone:** 508-681-9444

**E-Mail:** capecodcbt@gmail.com

**Web Site:** www.cbtfalmouth.com

**Populations:** Adults

**Specialties:** Anxiety Disorders, Depressive Disorders, Grief & Loss, Parenting

**Theoretical Orientation and Approach:** Behavioral, Cognitive

**Treatment Modalities:** CBT, Stress Management

### **Allan C. Page, D.Min., LMHC**

**Address:** 184A Jones Road, Falmouth, MA 02540

**Phone:** 508-548-1094

**Populations:** School Age Children, Adolescents, Adults, Seniors, Couples, Families

**Specialties:** Depressive Disorders, Grief & Loss, Death/Dying/Terminal Illness, Divorce/Separation, Medical Illnesses

**Theoretical Orientation and Approach:** Behavioral, Eclectic, Family Systems

**Bilingual:** American Sign Language

### **Penny Snow, M.A., M.S., LMHC**

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**E-Mail:** pfsnow@comcast.net

**Populations:** Adolescents, Adults, Seniors, Couples, Families

**Specialties:** Addictive Behavior, Career Counseling, Depressive Disorders, Phobias, PTSD

**Theoretical Orientation and Approach:** Cognitive, Family Systems, Holistic

**Treatment Modalities:** Group, Stress Management

## NORTH SHORE

### **Marcia Ford, LMHC**

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**MaMHCA Certified Supervisor:** Yes

### **Melissa Kaplan, M.A., LMHC**

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**Populations:** Adults, Seniors, Families

**Specialties:** Depressive Disorders, Gender Issues, Medical Illness, PTSD, Sexual Orientation

**Theoretical Orientation and Approach:** Cognitive, Humanistic, Psychodynamic

### **Stephanie Musial, M.A., LMHC**

**Address:** 14 Cedar Street, Suite 303, Amesbury, MA 01913

**Phone:** 978-290-0042

**E-Mail:** [smusial@verizon.net](mailto:smusial@verizon.net)

**Web Site:** [www.stephaniemusial.com](http://www.stephaniemusial.com)

**Populations:** Pre-School Children, School Age Children, Adolescents, Adults

**Specialties:** Anxiety Disorders, Depressive Disorders, ADHD, Autism, Parenting

**Theoretical Orientation and Approach:** Client Centered, Developmental, Humanistic

**Treatment Modalities:** Group, Expressive Techniques, Stress Management

**Qualified Supervision:** Yes



## SOUTH SHORE

### **Deena Beals, M.Ed., LMHC**

**Office Address:** 51 Mill Street, #8, Hanover, MA 02339

**Phone:** 781-829-4300

**Web Site:** [www.Harmonywellness.com](http://www.Harmonywellness.com)

**Populations:** School Age Children, Adolescents, Adults, Seniors

**Specialties:** Anxiety Disorders, Depressive Disorders, Phobias, Parenting, PTSD

**Theoretical Orientation and Approach:** Behavioral, Cognitive, Holistic,

**Treatment Modalities:** Hypnosis, CBT, DBT, EMDR

**Qualified Supervisor:** Yes

### **Cheryl A. Coughlin, M.Ed., LMHC**

**Address:** 210 Whiting Street, Suite 3, Hingham, MA 02043

**Phone:** 781-740-9044

**Populations:** Pre-School Children, School Age Children, Adults, Couples, Families

**Specialties:** Anxiety Disorders, ADHD, Autism, Parenting, PTSD

**Theoretical Orientation and Approach:** Behavioral, Developmental, Family Systems

**Treatment Modalities:** Expressive Techniques, CBT

### **Judith A. Coyle, M.Ed., LMHC**

**Address:** 172 Union Street, S. Weymouth, MA 02190

**Phone:** 781-335-1742

**E-Mail:** [jcoylelmhc@yahoo.com](mailto:jcoylelmhc@yahoo.com)

**Populations:** Adults, Seniors, Couples, Families

**Specialties:** Anxiety Disorders, Addictive Behavior, Depressive Disorders, PTSD, Psychogeriatric

**Theoretical Orientation and Approach:** Family Systems, Cognitive, Psychodynamic

**Qualified Supervision:** Yes

**Joyce Dolberg Rowe, M.Ed., LMHC**

**Address:** 1354 Hancock Street, Suite 305, Quincy, MA 02169

**Phone:** 617-481-9395

**E-Mail:** info@behavioralnutrition.org

**Web Site:** www.behavioralnutrition.org

**Populations:** Adolescents, Adults, Seniors, Couples, Families

**Specialties:** Anxiety Disorders, Depressive Disorders, Eating Disorders, Phobias

**Theoretical Orientation and Approach:** Behavioral, Client Centered, Cognitive

**Treatment Modalities:** Group, Hypnosis, Mediation, CBT, Stress Management, DBT

**Bilingual:** Spanish

**Qualified Supervision:** Yes

**Sheila Ryan, LMHC**

**Address:** 30 Nonantum Road, Plymouth, MA 02360

**Phone:** 508-834-1917

**E-Mail:** csr019@msn.com

**Populations:** Adults, Seniors

**Specialties:** Creative Blocks, Grief & Loss, Alcohol/Substance Abuse, Dual Diagnosis/Substance, PTSD

**Theoretical Orientation and Approach:** Eclectic

**Treatment Modalities:** Group, Expressive Techniques, Stress Management

**Qualified Supervision:** Yes

**MaMHCA Certified Supervisor:** Yes



**Joanne Salisbury, M.A., LMHC**

**Address:** 122 G Tall Oaks Drive, Weymouth, MA 02190

**Phone:** 781-413-5727

**E-Mail:** joannes1458@verizon.net

**Populations:** Adults, Seniors, Couples

**Specialties:** Depressive Disorders, Eating Disorders, OCD, Personality Disorders, PTSD

**Theoretical Orientation and Approach:** Behavioral, Client Centered, Cognitive

**Treatment Modalities:** Expressive Techniques, Stress Management

**Qualified Supervision:** Yes

**Doris Ann Timmeney, M.Ed., LMHC**

**Address:** 21 Franklin Street, Quincy, MA 02169

**Phone:** 617-472-1414

**E-Mail:** doristim@msn.com

**Populations:** Adolescents, Adults, Couples

**Specialties:** Addictive Behavior, Depressive Disorders, Alcohol/Substance Abuse, Divorce/Separation, Dual Diagnosis/Substance

**Theoretical Orientation and Approach:** Behavioral, Client Centered, Cognitive

**Treatment Modalities:** CBT

## WESTERN MASSACHUSETTS

### **Dorothy Firman, Ed.D., LMHC**

**Address:** 285 Pomeroy Lane, Amherst, MA 01002

**Phone:** 413-256-3020

**E-Mail:** dfirman@comcast.net

**Web Site:** www.dorothyfirman.com

**Populations:** Adults, Seniors, Couples

**Specialties:** Creative Blocks, Grief & Loss, Death/Dying/Terminal Illness, Divorce/Separation

**Theoretical Orientation and Approach:** Humanistic, Psychosynthesis, Transpersonal

**Qualified Supervision:** Yes

### **Alexis Truslow, LMHC**

**Address:** 53 Center Street, Northampton, MA 01060

**Phone:** 413-584-0025

**E-mail:** alexiscoach@aol.com

**MaMHCA Certified Supervisor:** Yes



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Karen Enegress	Brookline	617-293-8466
Pam Newton	Cambridge	617-469-4462
Carol Marks-Stopforth	Jamaica Plain	617-797-0397
Sandra J. Madruga	Roxbury	617-427-7175 x204
Rhona Engelman	Somerville	617-922-5156
Leslie Winslow-Keats		617-413-2709

## **METRO-WEST**

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Jessica Foley	Waltham	617-877-0071

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Ann L. Vasey	Hudson	947-562-3823
Emily Marsick	Mendon	508-473-1200 x6

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Kathleen T. Randall	Northborough	508-351-6511



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**NORTH SHORE**

Marcia Ford                                      South Hamilton                                      978-239-3392

**SOUTH SHORE**

Sheila Ryan                                      Plymouth                                      508-834-1917

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Suzan Wolpow	Cambridge	617-441-0758
Janice Biggs	Charlestown	617-682-0823
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Ken Barringer	Newton	617-969-2200x12
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Linda A. Standley	Medway	508-478-7505



**CENTRAL MASSACHUSETTS**

Donna O'Brien	Barre	508-287-3415
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**SOUTHEASTERN MASSACHUSETTS**

Katherine Smith	Bridgewater	508-443-4003
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**NORTH SHORE**

Stephanie Musial	Amesbury	978-290-0042
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**SOUTH SHORE**

Deena Beals	Hanover	781-829-4300
Sheila Ryan	Plymouth	508-834-1917
Joyce Dolberg Rowe	Quincy	617-481-9395
Judith A. Coyle	S Weymouth	781-335-1742
Joanne Salisbury	Weymouth	781-413-5727

**WESTERN MASSACHUSETTS**

Dorothy Firman	Amherst	413-256-3020
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## **BOSTON AREA**

Karen Eneghess	Spanish	Brookline	617-293-8466
Carol Marks-Stopforth	French	Jamaica Plain	617-797-0397

## **METRO-WEST**

Israela Holtzman	Hebrew	Newton	781-724-1373
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## **SOUTHEASTERN MASSACHUSETTS**

Chantal Jean-Baptiste	French, Haitian Creole	Stoughton	781-344-3400
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## **CAPE AREA**

Allan C. Page	American Sign Language	Falmouth	508-548-1094
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